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SUTHERLAND
HOUSE

FALL 2023



FASHIONING THE BEATLES

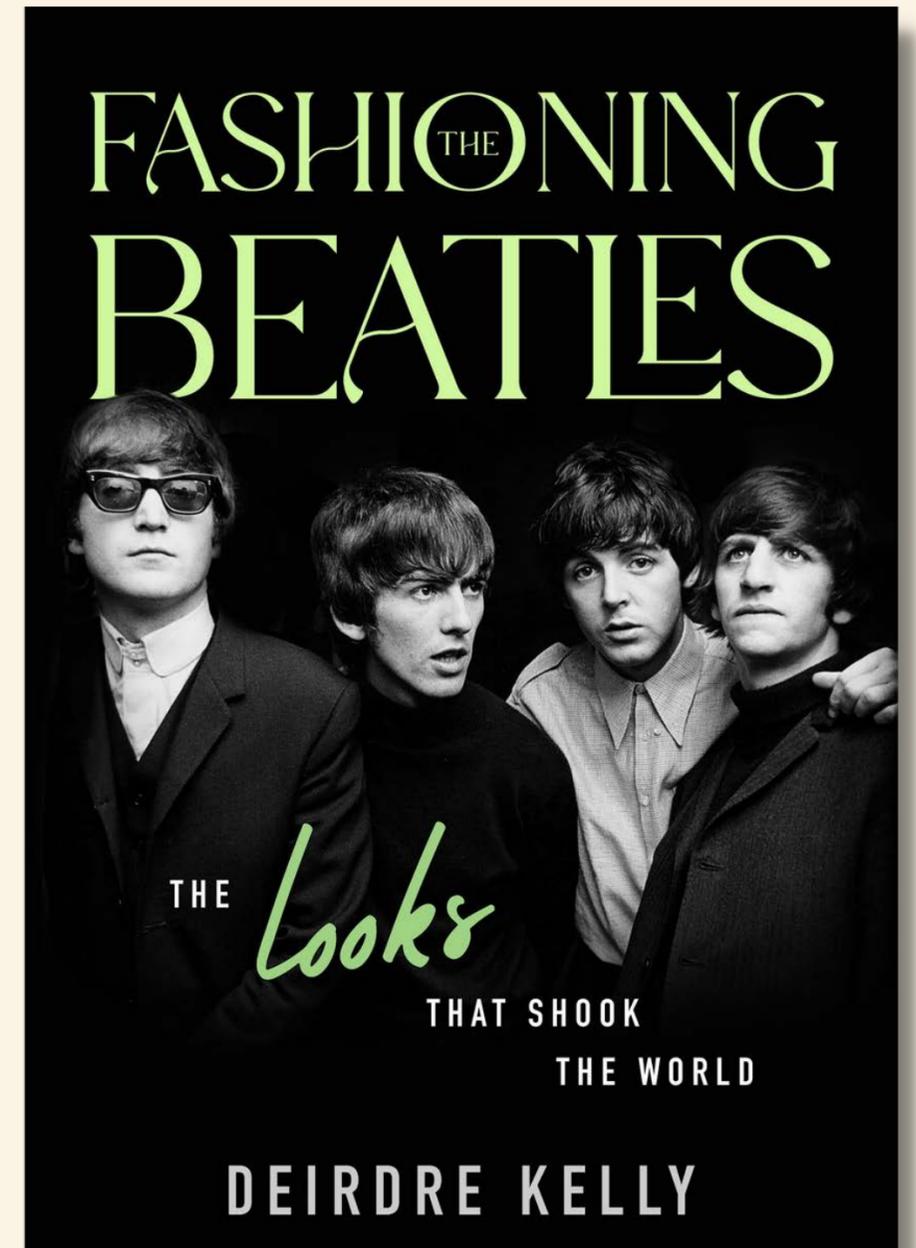
THE LOOKS THAT SHOOK THE WORLD

Deirdre Kelly

John, Paul, George, and Ringo were more than great musicians: they were the quintessential fashion icons of one of the most exciting and memorable fashion eras of all time. From their starts in black leather through Sergeant Pepper to Nehru collars and psychedelia, the Beatles used clothing to express their individual and group identities and, especially, to grow their following.

They did it without benefit of stylists or consultants, making their own rules and changing their looks as many as five times a year to keep a few steps ahead of the crowd in the tumultuous, fashion-obsessed sixties. More than fifty years after their break-up, their style continues to animate the collections of some of the world's leading designers, including Thom Browne, John Varvatos, Anna Sui, Tom Ford, Gucci's Alessandro Michele and, yes, Stella McCartney. *Fashioning the Beatles*, the first in-depth look at their sartorial legacy, demonstrates that their inimitable style was not an incidental by-product of their fame but an integral part of their act and a key to their globe-spanning success.

DEIRDRE KELLY has written books on dance, fashion and pop culture since 1985. She started as the award-winning dance critic, pop music columnist and senior fashion reporter for *The Globe and Mail*, and continues reporting today as correspondent for the *Dance Gazette* in London, England, the Toronto-based luxury magazine *Fête Chinoise*, and the arts e-zine, *Critics At Large*, where she also writes on the Beatles, among other topics. Her previous books are *Paris Times Eight* and *Ballerina: Sex, Scandal and Suffering Behind the Symbol of Perfection*.



September 12, 2023

7x10, 276 pages

Hardcover, unjacketed

\$37.00 USD / \$40.00 CAD

ISBN 978-1-990823-32-9

eBook 978-1-990823-38-1

TERRY & ME

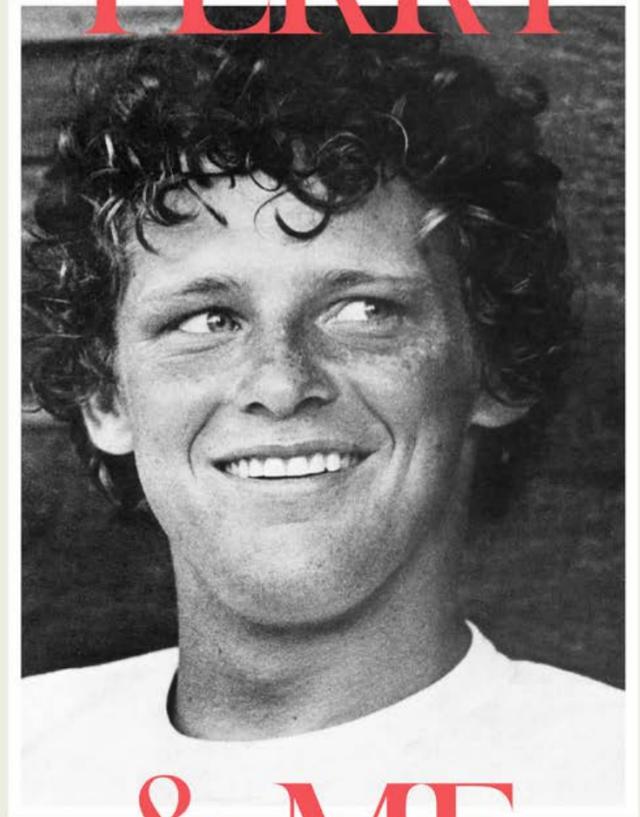
THE INSIDE STORY OF TERRY FOX'S MARATHON OF HOPE

Bill Vigars

There has never been a Canadian quite like Terry Fox and there's never been a story quite like The Marathon of Hope. A twenty-two-year-old cancer survivor and amputee, Terry set out from St. John's Newfoundland in April 1980, aiming to run across Canada to raise money for cancer research. His first months on the road in Atlantic Canada and Quebec were not only physically taxing—he ran the equivalent of a marathon a day—but frustrating as Canadians were slow to recognize and support his endeavor. That all changed when he met a young man named Bill Vigars, who on behalf of the Canadian Cancer Society led a campaign to ensure that every person in Canada knew the story of this outstanding young man. Vigars was by Fox's side through all the highs and lows until the tragic end of his journey in Thunder Bay. A recurrence of his cancer cut short Terry's dream and, soon, his life. Now, for the first time, Vigars tells the inside story of the Marathon of Hope—the logistical nightmares, boardroom battles, and moments of pure magic—while giving us a fresh, insightful portrait of one of the greatest Canadians who ever lived.

BILL VIGARS was the Director of Public Relations and Fundraising for the Canadian Cancer Society's Ontario Division, and acted as Terry Fox's public relations organizer, his close friend and confidante. He set up several key events as the Run entered Toronto.

TERRY



& ME

*The Inside Story of Terry Fox's
Marathon of Hope*

BILL VIGARS

August 29, 2023

6x9, 248 pages + 16 page photo insert

Hardcover

\$23.95 USD / \$26.95 CAD

ISBN 978-1-990823-31-2

eBook 978-1-990823-39-8

OUT THERE

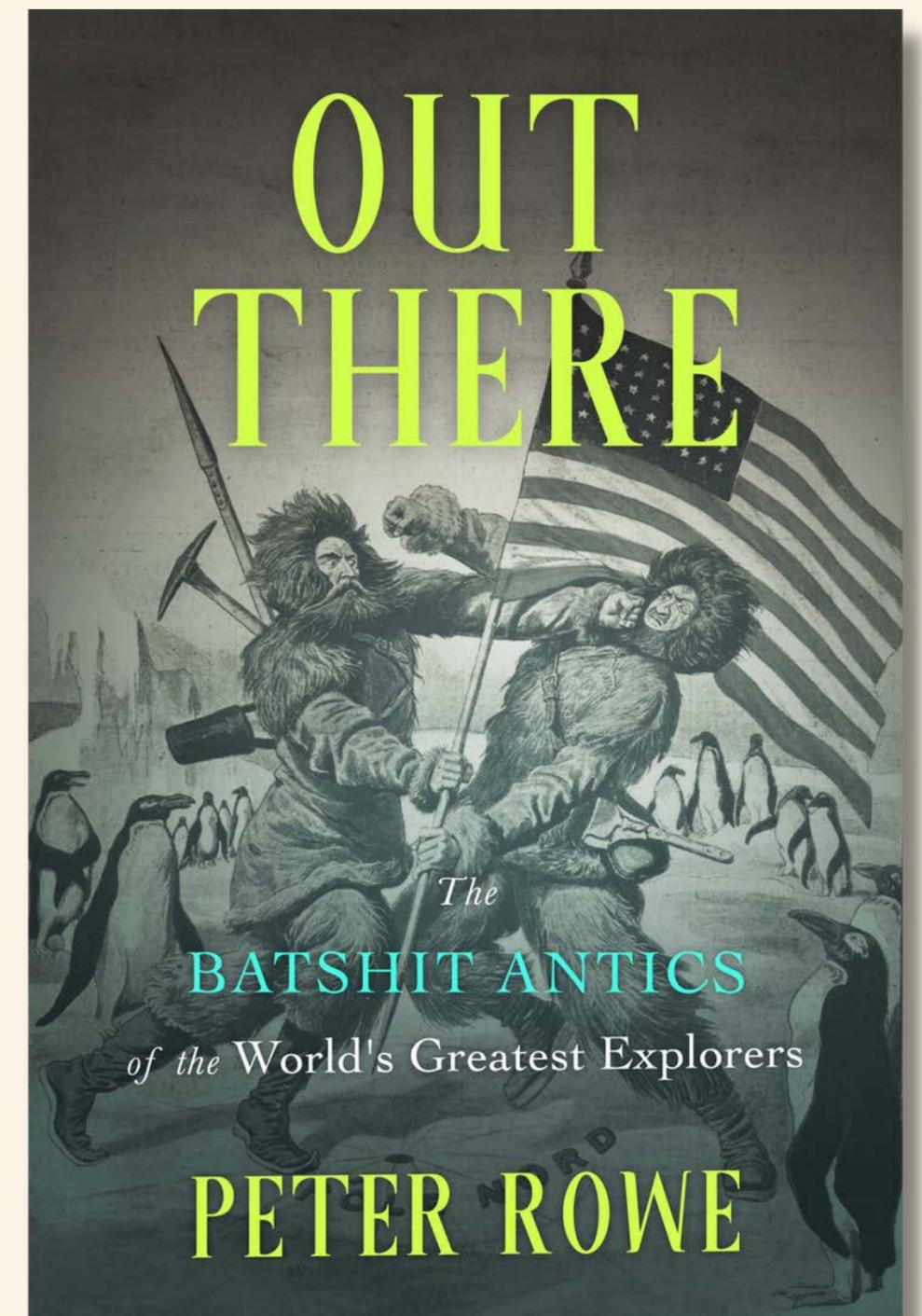
THE BATSHIT ANTICS OF THE WORLD'S GREATEST EXPLORERS

Peter Rowe

The years 1800–1940 were the heyday of the independent explorer—free-spirited, mostly European adventurers who took incredible risks in pursuit of discovery and fame. Some lit out for the mysterious city of Timbuktu, others the source of the Nile River, or the elusive Northwest Passage over Canada, or the fabled lost cities of Latin America, or the North or South Poles—quests that obsessed nineteenth-century explorers and hardly matter today. They were a special breed of traveller: courageous and determined, gluttons for punishment, frequently self-financed, and often horrendously misinformed and ill-prepared. While a lucky few returned home in glory, far more starved or froze or succumbed to cannibalism or died of malaria or dysentery or at the hands of angry locals or wild beasts or were simply never heard from again.

In equal parts eye-opening, shocking, and hilarious, *Out There* is a totally original account of their extraordinary exploits.

PETER ROWE is a Canadian filmmaker and author specializing in themes of history and exploration. He is the producer of the 49-part television series *Angry Planet*, which airs on streaming and television networks around the world. His book, *Music vs The Man* was published in 2020.



October 17, 2023

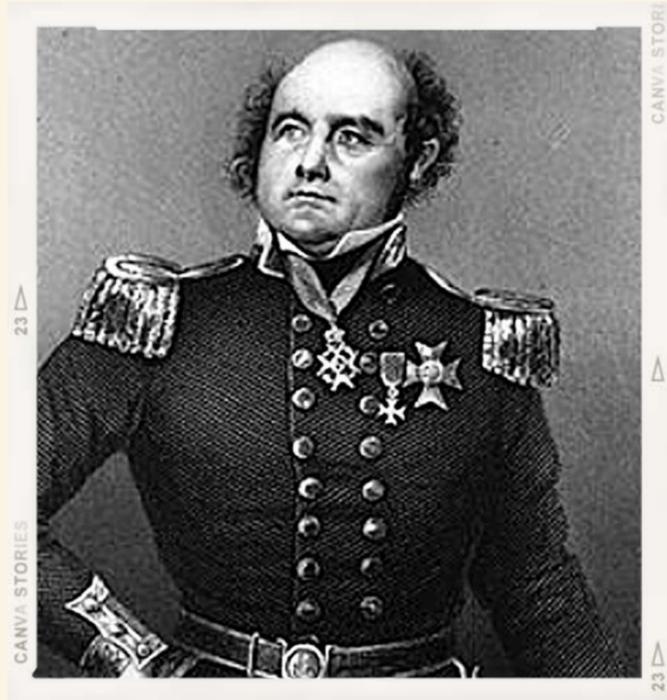
6x9, 230 pages

Hardcover

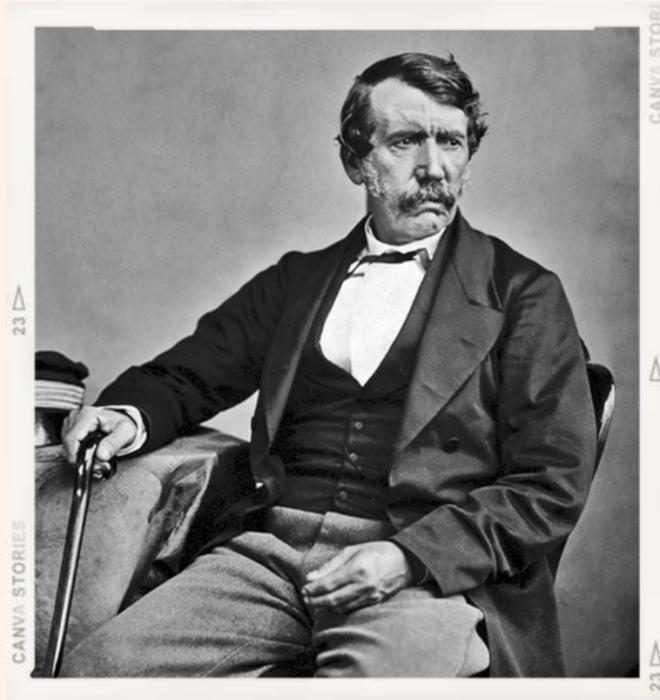
\$25.95 USD / \$27.95 CAD

ISBN 978-1-990823-33-6

eBook 978-1-990823-43-5



Sir John Franklin: fat, pompous, and incompetent, known as “a perfect imbecile” and “the man who ate his boots,” he led an expedition of 129 men and one monkey to its doom, fulfilling a prediction that he would one day wind up forming “the nucleus of an iceberg.”



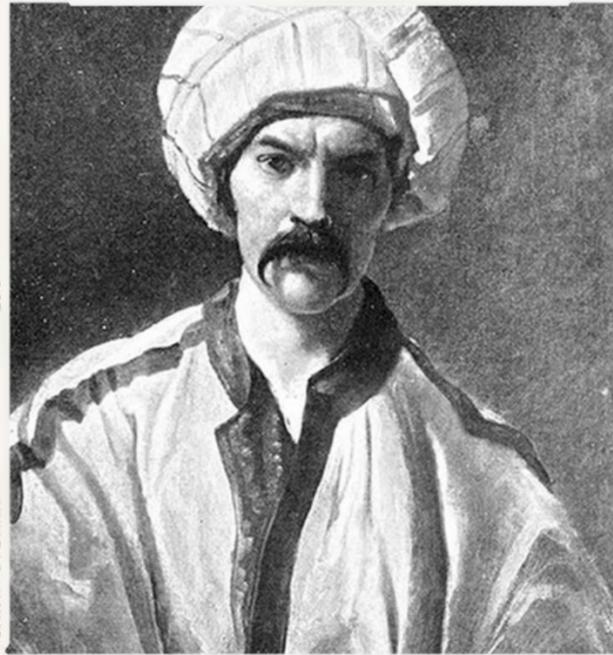
David Livingstone: a missionary who never saved a soul, an explorer who never discovered anything, described by a physician in his party as “out of his mind and a most unsafe leader,” he disappeared after the hugely expensive failure of his Zambezi expedition and was later found and left to die in the bush by the reporter Henry Morton Stanley.



Alexander Gordon Laing: he left a virgin bride in Tripoli to search for the fabled city of Timbuktu, was betrayed by his guides, shot and stabbed in his camp bed by mercenaries, yet survived to reach his destination, a dangerous African cesspool which he misrepresented in letters home and, in his bid to escape it, took a fatal spear to the chest.



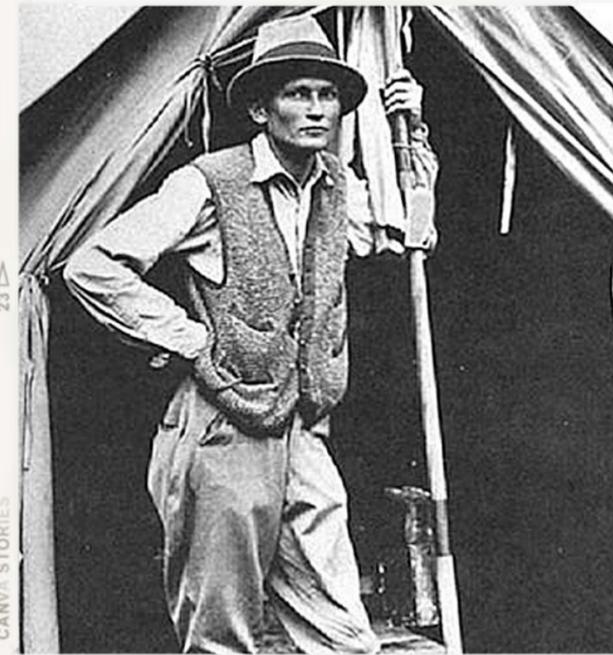
Vilhjalmur Stefansson: he changed his name for Viking street cred (born Bill Stevenson in Manitoba), convinced himself that “a family could live at the North Pole as comfortably as they could in Hawaii,” created an international crisis by attempting to steal an arctic island from Russia on behalf of Canada, and eventually sold it for \$27,000 to a pair of American rubes.



Sir Richard Francis Burton: aka, Ruffian Dick, fluent in twenty-nine languages and innumerable sexual positions, he earned a wicked scar by catching a javelin with his jaw and never got over losing a race to the source of the Nile to his puritanical partner John Speke.



Dr. Frederick Cook: an accomplished traveler and relentless hustler who enlisted two Inuit teenagers in his vaudeville act, once turned green while starving through an Arctic winter, lied about climbing Mount McKinley, lied about being first to the North Pole before, and retired to Leavenworth Prison after a conviction for stock fraud.



Hiram Bingham: a missionary's son and the model for the fictional adventurer Indiana Jones, he "discovered" Machu Picchu, destroyed evidence that others had been there before him, robbed ancient graves and smuggled priceless anthropological treasures out of Peru on behalf of Yale's Peabody Museum.



Ernest Shackleton: described by a traveling companion as "a consummate liar and a practised hypocrite," he managed through a series of bad decisions to get the lead ship of his Imperial Trans-Antarctica Expedition crushed in ice, jeopardizing the lives of his crew, before sailing to safety in a small boat and accepting acclaim as a hero.

AMERICOSIS

A NATION'S DYSFUNCTION OBSERVED ON PUBLIC TRANSIT

Samuel Forster

Virtually every problem with the modern American mode of living stems from three major cultural characteristics: a pathological attachment to the automobile, a horrifying apathy toward the obesity epidemic, and a deeply engrained fetishization of employment. This should be plain to anyone paying attention, but it's especially clear if you sell your car and spend six gruelling months riding public transit in Dallas, Texas, arguably the nation's most regrettable example of urban dysfunction.

For the better part of a year, I got on the train in one of the biggest cities in the wealthiest nation of all time, only to find myself surrounded by people who are either homeless or commuting to a job that hardly keeps them above the poverty line. Most of them are morbidly obese, and those who aren't are only slim because of heroin or some other destructive analgesic.

This country is in shambles for reasons that are material and obvious, but if you turn on the TV, the only issues our political and media intelligentsia find time to talk about are drag queens, QAnon crackpots, the sexual misadventures of partisan pseudo-celebrities, and other such sparkly hysterias. It's all ludicrous political stagecraft that has absolutely nothing to do with the lives of normal Americans, to say nothing of the weakest and most miserable. These conditions, which constitute a clear cultural disease, are so ugly and glaring that a diagnostic report like this really shouldn't be necessary.

SAMUEL FORSTER is a freelance writer based in New York City. He has previously lived in Edmonton, Montreal, and Dallas, as well as Toronto where he was a graduate associate at the University of Toronto's Centre for Ethics. Since 2020, he has contributed political and cultural commentary to Arc Digital. He has a BA from the University of Alberta and an MA from the University of Toronto.

Americosis

A Nation's
Dysfunction Observed
on Public Transit



Samuel Forster

October 3, 2023

6x9, 146 pages

Paperback

\$23.95 USD / \$25.95 CAD

ISBN 978-1-990823-28-2

eBook 978-1-990823-40-4

WE ARE NOT OKAY

THE PANDEMIC AND ITS CONSEQUENCES

Dr. Elaine Chin

COVID-19 made almost five million Canadians sick, put hundreds of thousands in hospital, and claimed over 50,000 lives. The numbers are startling yet they don't begin to capture the enormity of what we endured in our three-year ordeal, nor the fact that it's not over. Many people are still grieving loved ones, many survivors are still grappling with Long-COVID, and many continue to experience the pandemic as never-ending trauma. General healthcare has deteriorated and waiting lists have swelled even for urgent surgeries. Rates of respiratory and heart disease and strokes are up. Years of involuntary confinement, isolation, and boredom have contributed to a "shadow pandemic" of alcohol, cannabis, and opioid abuse, especially among the young. Rage is everywhere, the number of hate crimes has spiked, along with fears of civil disorder. Three million workers lost their jobs and a majority of small businesses either failed or weathered near-death experiences. Our workplaces, schools, and downtowns were hollowed out and may never entirely recover.

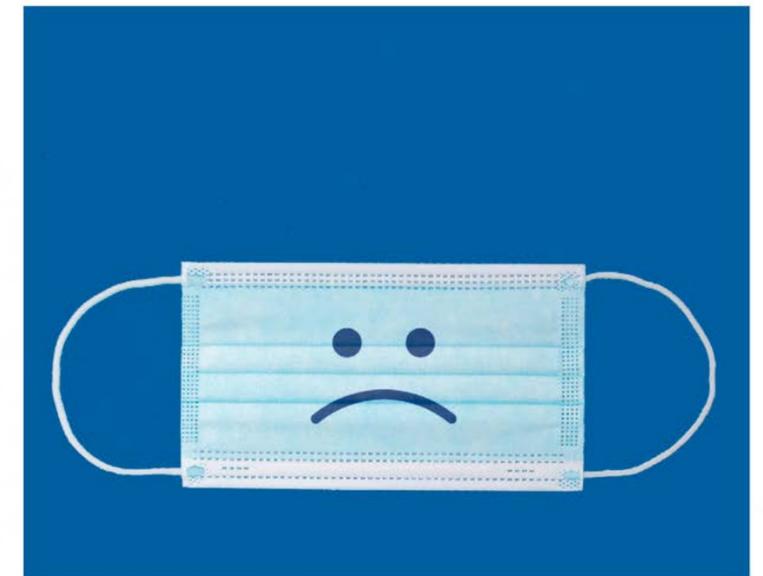
As year four begins, people are still dying at alarming rates and we are just beginning to learn of the myriad knock-on effects of the pandemic. In this important and galvanizing book, Dr. Elaine Chin argues that a full audit of the personal and social consequences of COVID-19 is the indispensable first step to a full recovery for individuals, families, and communities.

DR. ELAINE CHIN is one of North America's leading medical experts and respected thought leaders in the space of personalized medicine. She is the author of the Globe and Mail Top 10 bestseller *Lifelines: Unlocking the Secret of Your Telomeres for a Longer, Healthier Life* and a wellness expert on Bell Media's CP24 Toronto and CTV Your Morning.



The Pandemic and its Consequences

We Are Not Okay



Dr. Elaine Chin

June 6, 2023

6x9, 100 pages

Paperback

\$17.95 USD / \$19.95 CAD

ISBN 978-1-990823-36-7

eBook 978-1-990823-46-6

BETWEEN DOOM & DENIAL

FACING FACTS ABOUT CLIMATE CHANGE

Andrew Leach

Virtually every problem Climate change is the environmental, political, and societal challenge of our time. Yet some of us throw up our hands and say Canada is a cold country that only produces 2% of global emissions and we need our oil-and-gas industry—nothing can or should be done. Others argue just as vehemently that we are doomed unless we radically reduce emissions by keeping our resources in the ground and turning our backs on economic growth. Meanwhile our governments talk about the need for an energy transition and achieve little. The truth is that we do have a climate problem, we do need fossil fuels (for the foreseeable future), and we do have to make changes. The good news, argues Andrew Leach in the first inaugural McGill/Max Bell Lecture, is that we have the tools and the power to make a real difference. The question is: are we up to the challenge?

ANDREW LEACH is a Canadian energy and environmental economist and a contributing writer to a number of Canadian news outlets including *The Globe and Mail*, and *Maclean's*



The McGill | Max Bell Lecture

BETWEEN

DOOM

&

DENIAL

FACING FACTS ABOUT CLIMATE CHANGE

ANDREW LEACH

October 17, 2023

5.5x8.5, 100 pages

Paperback

\$20.00 USD / \$20.00 CAD

ISBN 978-1-990823-31-2

eBook 978-1-990823-39-8

THE HARRIS LEGACY

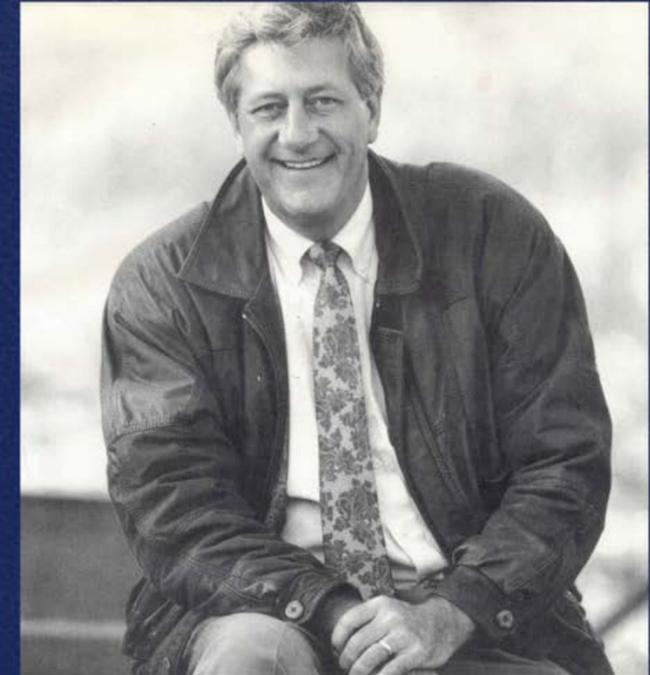
REFLECTIONS ON A TRANSFORMATIONAL PREMIER

Alister Campbell (ed.)

Elected for the first of his two terms as premier of Ontario in 1995, Mike Harris introduced some of the most sweeping reforms the province has ever seen: substantial reductions in spending and taxation as well dramatic changes to welfare, education, health care, municipal affairs, labour relations, energy, the environment, and much more. He altered the way elections were fought, how the provincial government is held accountable, how it works with its counterpart in Ottawa, and on his retirement in 2002 said his only regret was “I wish I had done more... faster.” Three decades after the launch of his famous Common Sense Revolution, Mike Harris and his policies still galvanize emotions on all sides of the political spectrum. In this comprehensive and highly readable examination of The Harris Legacy, an all-star collection of political experts reviews what worked, what didn’t, and what’s still up for debate.

ALISTER CAMPBELL has served as CEO of several Canadian insurance companies. He was the “Message Guy” in the 1995 Mike Harris campaign, responsible for policy, speech, communications, advertising, and media.

The HARRIS LEGACY



Reflections on a Transformational Premier
ALISTER CAMPBELL (ed.)

October 10, 2023

6X9, 360 pages

Hardcover

\$35.95 USD / \$37.95 CAD

ISBN 978-1-990823-47-3

eBook 978-1-990823-48-0

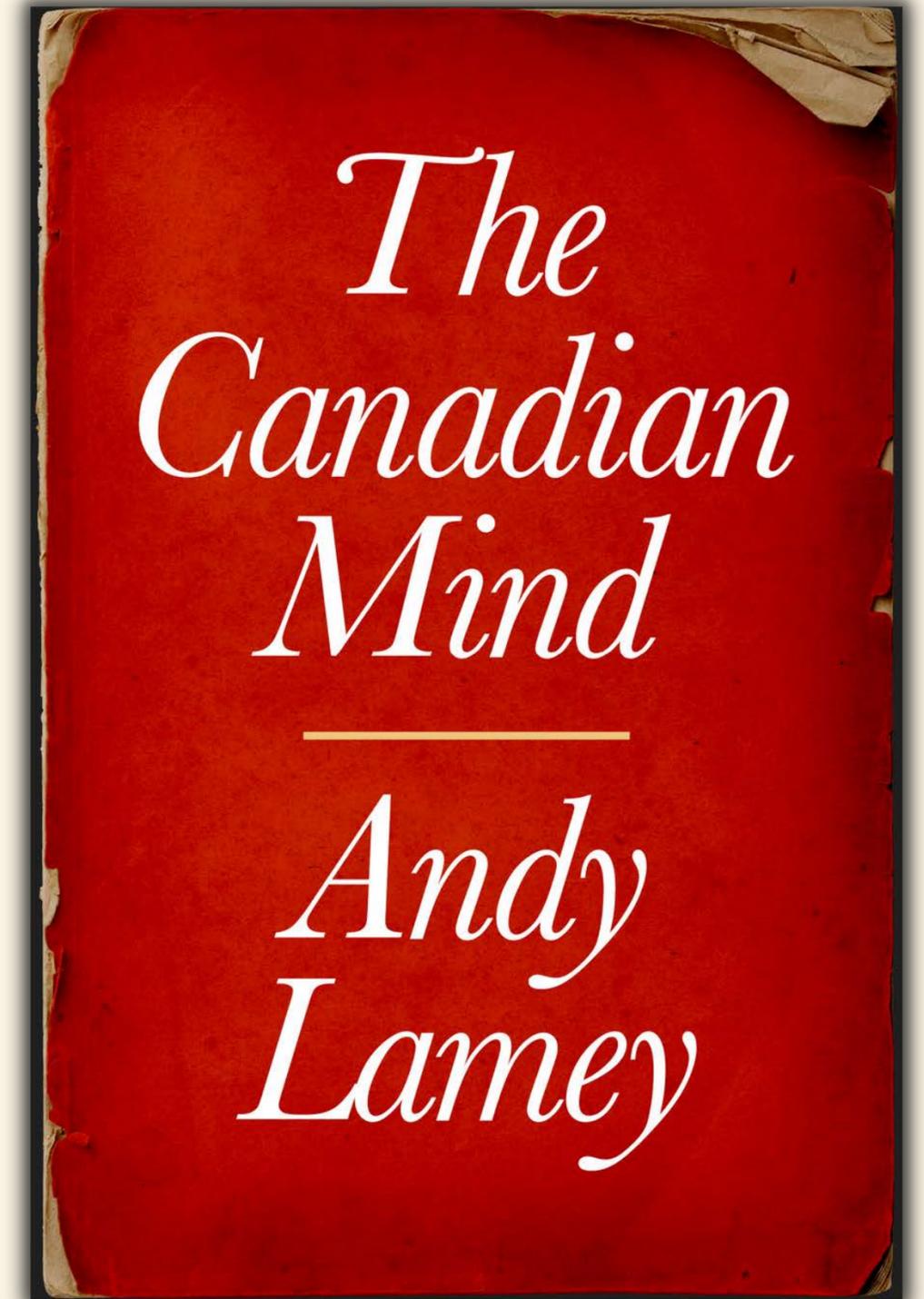
THE CANADIAN MIND

Andy Lamey

“Can we learn anything by examining a group of writers and thinkers who have nothing in common save a connection to Canada? I believe we can.”

In this bracing series of essays, philosopher and journalist Andy Lamey offers fresh and probing readings of some of Canada’s most prominent literary icons and intellectuals—Margaret Atwood, John Metcalf, Joseph Boyden, Dany Laferriere, Mavis Gallant, Charles Taylor, Will Kymlicka, Conrad Black, and more. Leaping from the debates of literary nationalism in the 1960s through the rise of Quebec nationalism to contemporary debates about identity, cultural appropriation, immigration and citizenship, he gores sacred cows, resurrects forgotten genius, and arrives at a bracing new idea of what it means to read and write about Canada.

ANDY LAMEY is a Canadian philosopher and journalist. He is an associate teaching professor at the University of California, San Diego. He is the author of *Frontier Justice: The Global Refugee Crisis and What To Do About It* and *Duty and the Beast: Should We Eat Meat in the Name of Animal Rights?*



October 10, 2023

6x9, 274 pages

Paperback

\$19.95 USD / \$23.95 CAD

ISBN 978-1-990823-31-2

eBook 978-1-990823-39-8

MY FIGHT FOR CANADIAN HEALTHCARE

A THIRTY-YEAR BATTLE TO PUT PATIENTS FIRST

Dr. Brian Day

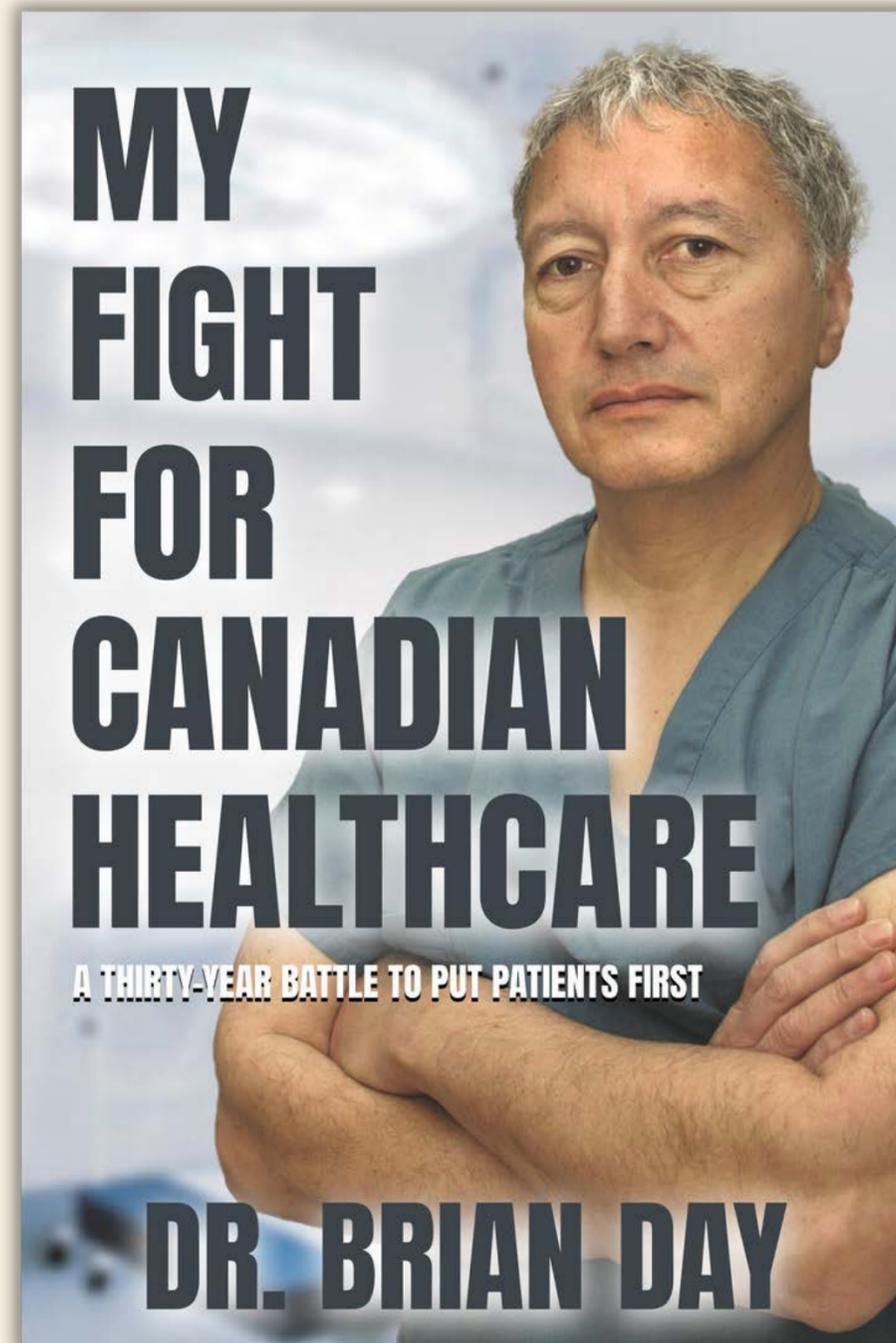
September 25, 2023

6x9, 458 pages

Hardcover

\$28.95 USD / \$36.95 CAD

ISBN 978-1-990823-44-2



DR. BRIAN DAY MRCP is an orthopedic surgeon and health researcher in Canada, a past president of the Canadian Medical Association, and a prominent sometimes controversial advocate for privatization of Canada's health system.

As the founder and medical director of a private clinic Cambie Surgery Centre and Specialist Referral Clinic in Vancouver, British Columbia, Day is a spokesperson for a high-profile, multi-year and ongoing lawsuit against the provincial government, Cambie Surgeries Corporation British Columbia (Medical Services Commission) that is sometimes cited publicly as 'The Day Case'.

HUNTING MONSTERS

AN OFFICER ON THE TRAIL OF THE WORLD'S WORST WAR CRIMINALS

Erić Emeraux

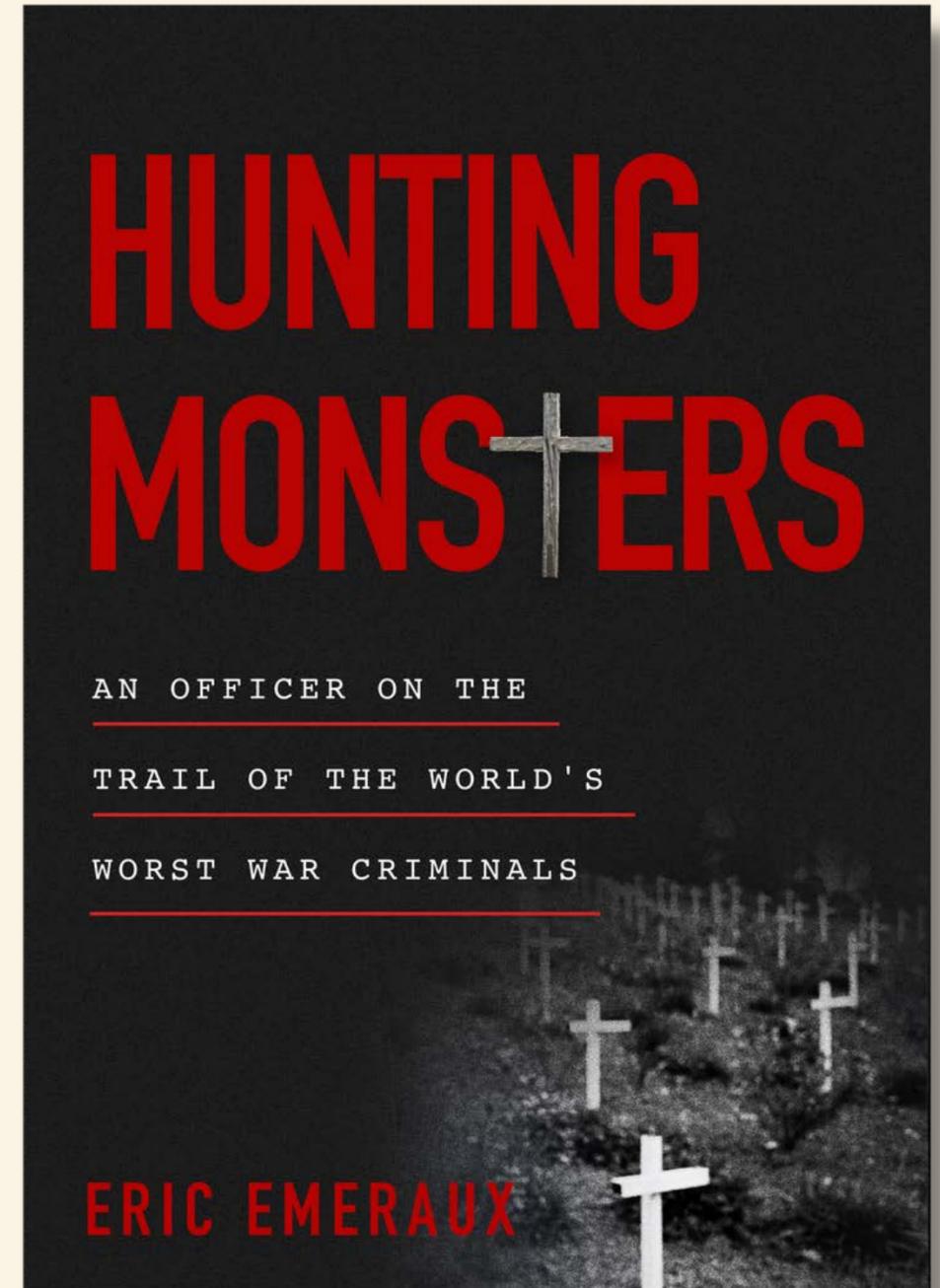
For years, a small unit of France's national police known as 'The Office in Charge of the Fight Against Crimes Against Humanity' has been discreetly chasing down war criminals.

As the head of the thirty-person team, Colonel Eric Emeraux has investigated mass killings, summary executions, torture, and other abuses against civilian populations in Bosnia, Rwanda, Liberia, Syria, and other troubled lands.

Now, for the first time, he reveals how his team gathered evidence of unspeakable crimes, identified and located the perpetrators, and through careful surveillance and brilliant police work brought them to justice.

Hunting Monsters is a riveting true crime saga and a tribute to all those who fight for law in the face of force, and humanity in the face of terror. Translated from the French, *La Traque est Mon Métier*, Plon, 2020.

ERIC EMERAUX is a Colonel (ER) of the French Gendarmerie Nationale. After a career in the French Army, he joined the Gendarmerie Nationale where he held various leadership positions before being appointed commander of a Regional Criminal Investigations Unit (2004-2009) and advising the Gendarmerie Regional Commander of Lyon on criminal investigations (2009-2012). After five years (2012-2017) as a police attaché at the French Embassy in Sarajevo, he was appointed head of the Central Office for Combatting crimes against Humanity, Genocides, War Crimes and Hate Crimes (OCLCH) a criminal investigation interagencies central unit based in Paris. He retired from the gendarmerie in 2020. *La traque est mon métier*, published by Plon in 2020, was awarded the *Ouvrage de la Gendarmerie 2021* and the *Prix des lecteurs du Ministère de la Défense 2022*. It is translated and published in English as *Hunting Monsters* by Sutherland House.



September 12, 2023

6x9, 270 pages

Hardcover

\$28.95 USD / \$31.95 CAD

ISBN 978-1-990823-05-3

eBook 978-1-990823-19-0

GOING SOLO

EVERYTHING YOU NEED TO START YOUR BUSINESS AND SUCCEED AS YOUR OWN BOSS

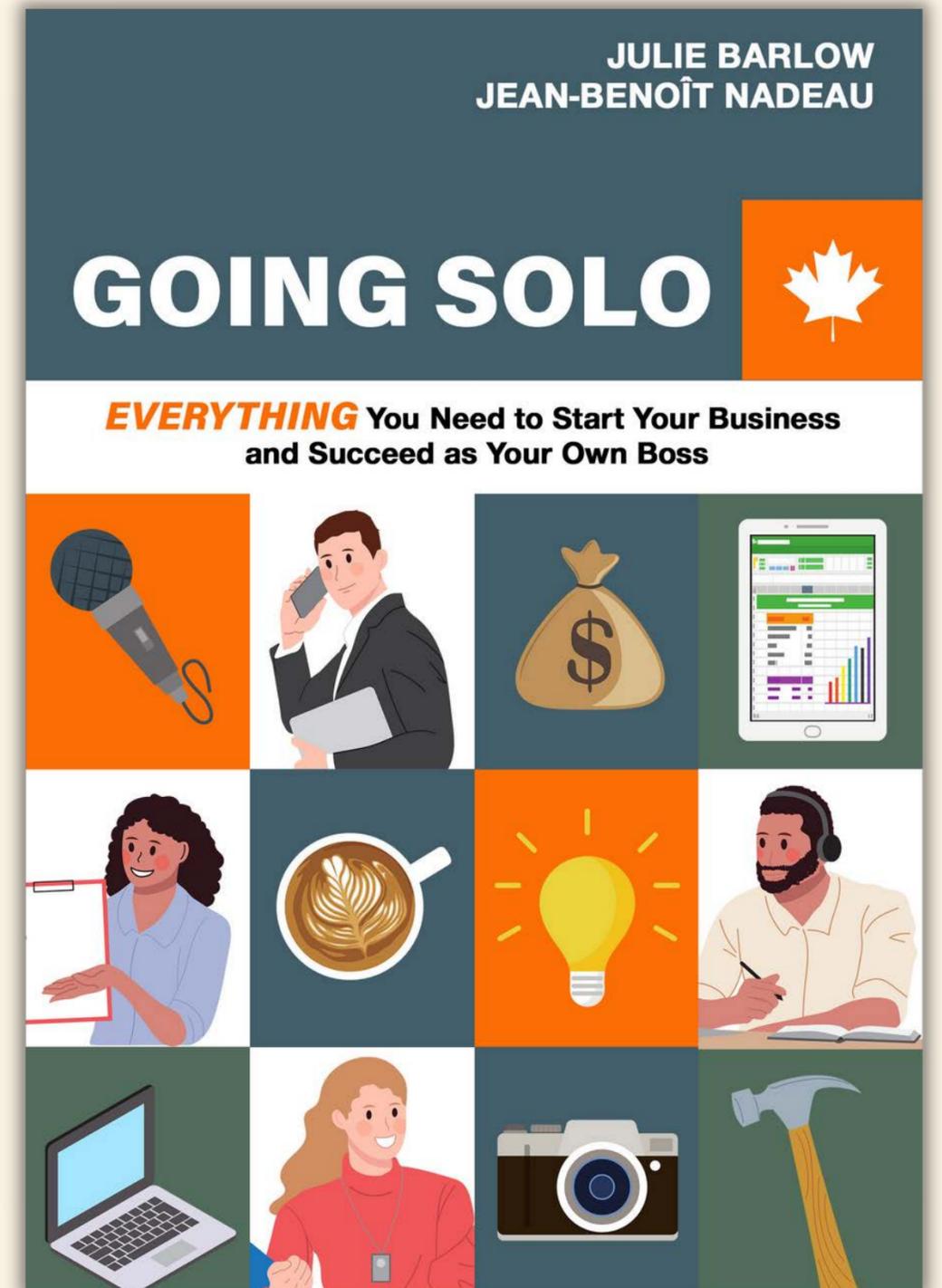
Julie Barlow & Jean-Benoît Nadeau

This Guide is a veritable bible for anyone who is their own boss” – News Attic

Whether you are a dog groomer, a real-estate agent, actor, lawyer, or graphic designer, Going Solo is for you. Should you incorporate? What expenses can you deduct? Do you need a website? What about insurance? How do you negotiate a contract? Set up a payroll?

Find the answers to all of your questions about starting your own business in Going Solo, the essential toolkit for self-employed Canadians. Drawing on deep personal experience, authors Julie Barlow and Jean-Benoit Nadeau give you the practical information you need to succeed in daily business life. Whether you need an invoice template, advice on managing relations with your banker, planning an advertising campaign, it's all here in a clear, comprehensive, and accessible format.

JULIE BARLOW grew up in Hamilton, Ontario and has been working as a freelance writer since 1995. She writes for magazines and newspapers in Canada, including Chatelaine, Report on Business and L'actualité, and has published in The New York Times, USA Today and more. Author of eight books, including her latest, The Bonjour Effect, Julie is presently developing a TV documentary series based on her book The Story of French, written with husband and partner **JEAN-BENOIT NADEAU**. She lives in Montreal with Nadeau and their two daughters.



September 5, 2023

6x9, 415 pages

Paperback

\$27.95 USD/\$29.95 CAD

ISBN 978-1-990823-11-4

eBook 978-1-990823-15-2

TAKING MIRACLES SERIOUSLY

A JOURNEY TO EVERYDAY SPIRITUALITY

Rabbi Michael Zedek

Miracles are possible.

An accomplished storyteller with a refreshing, humorous voice, Rabbi Zedek draws on a range of materials including biblical tales, Indian and Japanese folklore, the works of St. Augustine, Einstein, Isaac Bashevis Singer, and Groucho Marx to take readers on a truly original search for spiritual sustenance in everyday life. Readers will learn how to identify and appreciate the miraculous in an often mundane world; how to take God seriously when much of the intellectual world doesn't; and how to make the most out of underutilized spiritual resources such as poetry and prayer. Heartfelt and amusing, Taking Miracles Seriously is a master course on how to craft an enriched and enriching spiritual life.

Brooklyn-born **RABBI MICHAEL ZEDEK** is the founder and co-host of a weekly radio show "Religion on the Line," and a regular presenter at Rancho La Puerta, the oldest and most renowned spirituality spa center in North America. He lives in Kansas.

Taking Miracles Seriously

A JOURNEY TO EVERYDAY
SPIRITUALITY



Rabbi Michael Zedek

September 20, 2023

6x9, 178 pages

Hardcover

\$18.95 USD / \$22.95 CAD

ISBN 978-1-990823-33-6

eBook 978-1-990823-43-5